

Great Sampford Primary School Our Lunch Menu

Week 1	Week Beginning: April 17; May 1, 15 ; June 5, 19 ; July 3, 17 ; September 11, 25 ; October 9					
	Monday	Tuesday	Wednesday	Thursday	Friday	
RED	Sausage and Bean Hotpot	Roast Chicken, Stuffing and Gravy	Mild Vegetable Curry	Pasta Bolognaise	Chicken Chunks	
BLUE	Tuna & Sweetcorn Pasta	Ham Baguette	Cheese Baguette	Chicken Baguette	Tuna Baguette	
SIDES	Corn on the Cob Crispy Cubed Potatoes	Roast Potatoes Seasonal Vegetables	Rainbow Rice Poppadoms	Garlic Bread Mixed Salad	Chips Baked Beans	
DESSERT	Fruit Lolly	Homemade Biscuit	Fruity Oat Slice	Peaches and Cream	Lemon Drizzle Cake	

Week (2)	Week Beginning: April 24 ; May 8, 22 ; June 12, 26 ; July 10 ; September 4, 18 ; October 2, 16						
	Monday	Tuesday	Wednesday	Thursday	Friday		
RED	Jacket Pots with Baked Beans & Cheese	Sweet 'n' Sour Chicken	Margarita Pizza	Homemade Sausage Rolls	Fish Fingers n' Chips		
BLUE	Sausage Baguette	Cheese Baguette	Hummus and Cucumber Wrap	Tuna Baguette	Ham Baguette		
SIDES	Salad Bar Coleslaw	Vegetable Rice	Seasoned Wedges Corn on the Cob	Mash, Carrots, peas and Extra Gravy	Peas Sweetcorn		
DESSERT	Frozen Fruit Smoothie	Chocolate Slab Cake	Fresh Fruit Platter / Yoghurt	Jelly	Sprinkle Sponge		

 Vegetarian options are available every day.
 Baguettes are served with salad sticks and the dessert of the day.
 Fresh Fruit is available daily.

 Mrs Thorpe loves to make fresh bread on a regular basis which is available to every child.
 Drinking water and milk are available to the children by request.

